

Knox Little Athletics Club
 Club : Scoresby Striders
BOYS
 Season 2013/2014



Legend	
No Event	
07/08 record	
08/09 record	
09/10 record	
10/11 record	
11/12 record	
12/13 record	
13/14 record	

Last Updated 23/03/14
 By Sandy Sanstrom

Walks - Age	Distance
U7	400
U8	800
U9-U10	1100
U11-U15	1500



EVENT	U7	U8	U9	U10	U11	U12	U13	U14	U15	Youth Athletics (U16)
70m	0.11.60 84/85 J Findlay	0.11.0 85/86 J Findlay	0.10.60 92/93 T Saraw	0.10.0 97/98 Adam Germaine	0.09.70 99/00 Adam Germaine	0-09.28 99/00 Aaron Rouge-Serret	0.9.33 03/04 Brenton Legg	8.97 08 09 Beau Williams	8.53 09/10 Beau Williams	8.55 07 08 Tim Lai
100m	0.16.80 84/85 87/88 J Findlay S Goldsworth	0.15.70 85/86 J Findlay	0.14.44 96/97 T Mc Naught	0.13.80 87/88 Adam Germaine	0.13.73 98/99 Aaron Rouge-Serret	0.13.15 99/00 Aaron Rouge-Serret	0.12.70 90/91 Adam Germaine	0.11.51 98/99 C Tonkin	0.11.53 99/00 T Littlejohn	12.09 10/11 Beau Williams
200m	0.35.80 84/85 J Findlay	0.33.50 90/91 M Bray	0.31.30 87/88 T Small	0.29.80 98/99 T Small	0.28.42 Aaron Rouge-Serret	0.25.85 99/00 Aaron Rouge-Serret	0.26.40 90/91 Adam Germaine	0.24.50 91/92 98/99 Adam Germaine	0.23.80 92/93 Adam Germaine	24.94 09/10 Matt Little
400m	1.19.00 84/85 J Findlay	1.18.00 84/85 A King	1.12.20 87/88 P O'Brien	1.09.20 90/91 M Williams	1.03.10 88/89 Adam Germaine	0.59.70 89/90 Adam Germaine	0.58.60 90/91 Adam Germaine	0.54.50 91/92 Adam Germaine	0.53.0 92/93 A Germaine	55.28 09/10 Matt Little
600m		2.09.85 95/96 T McNaught								
800m			2.38.05 96/97 T McNaught	2.34.70 87/88 Adam Germaine	2.28.50 88/89 Adam Germaine	2.31.60 89/90 Adam Germaine	2.21.10 90/91 Adam Germaine	2.12.50 91/92 Adam Germaine	2.08.59 08/09 Matt Little	2.15.49 06 07 Matt Papworth
1500m					5.07.90 91/92 M Williams	5.10.40 92/93 M Williams	4.59.50 91/92 M Wattle	4.54.19 07 08 Matt Little	4.39.56 06/07 Tim Lai	4.45.74 07 08 Tim Lai
60m Hurdles		0.11.20 85/86 J Findlay	0.10.50 96/97 T Mc Naught	0.10.10 87/88 Adam Germaine	0.10.27 96/97 A Dawson	0.09.30 89/90 Adam Germaine				
80m Hurdles			0.14.05 96/97 T Mc Naught	0.14.87 99/00 Craig Higgins	0.13.43 98/99 Aaron Rouge-Serret	0.13.10 02/03 Brenton Legg	0.13.12 03/04 Brenton Legg			
90m Hurdles								13.74 04/05 Brenton Legg		
100m Hurdles								17.25 04/05 Brenton Legg	0.13.30 93/94 P Skenderis	14.34 07 08 Tim Lai
200m Hurdles					0.34.66 01/02 Brenton Legg	31.13 02/03 Brenton Legg				
300m Hurdles							0.48.72 03/04 Brenton Legg	0.44.70 92/93 M Wattle	0.42.60 92/93 Adam Germaine	44.28 06 07 Matt Papworth
Walk	2.11.41 94/95 C Jacobs	5.01.00 85/86 ?	6.35.00 96/97 J Murray	5.59.0 85/86 B Balingtong	8.14.0 85/86 J Murray	8.01.40 91/92 B Leonard	7.36.10 92/93 B Leonard	7.20.50 93/94 A Blackwell	6.49.82 98/99 T Middlemiss	10.44.81 07 08 Tim Lai
Steeple 1100							3.47.90 93/94 M Williams	3:46.65 05/06 Tim Lai	3.26.74 06 07 Tim Lai	3.34.09 09/10 Matt Little
Long Jump	3.13 85/86 T Small	3.52 95/96 T McNaught	4.19 96/97 T Mc Naught	4.36 88/89 T Small	4.78 91/92 M Krawczyk	4.79 96/97 R Thompson	5.28 89/90 L Godsworth	5.65 90/91 L Godsworth	6.16 91/92 L Godsworth	6.39 10/11 Michael Roberts
Triple Jump	6.3 87/88 M Krawczyk	7.87 90/91 M Bray	8.51 90/91 S Goldsworth	9.24 90/91 M Williams	10.05 88/89 Adam Germaine	10.22 92/93 S Goldsworth	10.65 89/90 L Godsworth	11.7 90/91 L Godsworth	11.98 90/91 S Harvey	12.42 10/11 Beau Williams
High Jump	0.96 87/88 S Goldsworth	1.12 95/96 T McNaught	1.23 89/90 96 M Williams M Krawczyk T Mc N	1.34 90/91 S Goldsworth	1.41 91/92 M Krawczyk	1.51 89/90 A Germaine	1.55 89/90 L Godsworth	1.65 08 09 Beau Williams	1.82 09/10 Beau Williams	1.75 10/11 Beau Williams
Shot Put	6.37 10/11 Trent Marotta	6.24 95/96 T McNaught	7.01 12/13 Trent Marotta	8.62 13/14 Trent Marotta	10.53 00/01 Craig Higgins	8.01 01/02 Craig Higgins	11.62 07 08 Beau Williams	12.53 08 09 Beau Williams	13.52 92/93 J Findlay	13.92 10/11 Beau Williams
Discus	14.36 10/11 Trent Marotta	20.06 95/96 T McNaught	22.77 96/97 T McNaught	26.93 92/93 Mick Handby	24.73 93/94 Mick Handby	31.13 90/91 P Skenderis	33.14 90/91 J Findlay	37.36 91/92 J Findlay	42.28 92/93 J Findlay	53.97 10/11 Beau Williams
Javelin					26.01 96/97 B Lawrence	26.47 99/00 Aaron Rouge-Serret	24.09 03/04 Brenton Legg	38 08 09 Beau Williams	43.48 09/10 Beau Williams	43.63 10/11 Beau Williams
Hammer Throw									27.16 04/05 Josh Galonas	29.8 10/11 Beau Williams